



MAR THOMA  
CHURCH of SILICON VALLEY  
SUNDAY SCHOOL

## The Fruit of the Spirit is Love

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I love pizza! I love Lego, I love to sing! I love to travel! I love my mom! There are so many things we love and we often use the same word 'love' to express different degrees of it. Imagine a Valentine's day card with the caption – 'Mom, I love you more than tacos!' Can the love a mother has for her child or the love you have for a sister or a brother compare with the love we have for video games?

Jesus' love for us was so great that he sacrificed his life for us! "**Greater love** hath no man **than** this, that a man lay down his life for his friends" (John 15:13). We are called to emulate Jesus. Love that annoying classmate, that boisterous bully on the playground who tripped you up, that snooty sister who is always telling on you? Easier said than done!

What makes it so difficult for us to love? If I loved the bully on the field, then I would have to treat him with respect. Will that make me weak? If I loved the classmate that teases me, does that mean I am giving in? If I had to love the colleague that does not pull their weight, does that mean I'd be hindering my own advancement? Sacrificial love is just what it sounds like – it does call for sacrifice.

Can we mere humans do this? The bible says that the Holy spirit can create love in our hearts. "The fruit of the Holy Spirit is love" ([Galatians 5:22](#)). "God's love has been poured into our hearts through the Holy Spirit" ([Rom 5:5](#)). And since the Spirit is Christ, the love bestowed on us through the Holy spirit is no less than the love that Christ embodied!

### Worship

[Fruit of the Spirit, how we live \(with Lyrics\)](#)



[The Power of your love \(with lyrics\)](#)





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Bible Passage  
1 Cor 13: 1-13



Devotion  
Rev. Larry Varghese



Memory Verse  
1 John 4:16

And so, we know and rely on the love God has for us.

God is love. Whoever lives in love lives in God, and God in them.

## The Gift of Love

If I speak in the tongues of mortals and of angels, but do not have love, I am a noisy gong or a clanging cymbal. <sup>2</sup>And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but do not have love, I am nothing. <sup>3</sup>If I give away all my possessions, and if I hand over my body so that I may boast,<sup>[a]</sup> but do not have love, I gain nothing.

<sup>4</sup>Love is patient; love is kind; love is not envious or boastful or arrogant <sup>5</sup>or rude. It does not insist on its own way; it is not irritable or resentful; <sup>6</sup>it does not rejoice in wrongdoing, but rejoices in the truth. <sup>7</sup>It bears all things, believes all things, hopes all things, endures all things.

<sup>8</sup>Love never ends. But as for prophecies, they will come to an end; as for tongues, they will cease; as for knowledge, it will come to an end. <sup>9</sup>For we know only in part, and we prophesy only in part; <sup>10</sup>but when the complete comes, the partial will come to an end. <sup>11</sup>When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; when I became an adult, I put an end to childish ways.

<sup>12</sup>For now we see in a mirror, dimly,<sup>[a]</sup> but then we will see face to face. Now I know only in part; then I will know fully, even as I have been fully known. <sup>13</sup>And now faith, hope, and love abide, these three; and the greatest of these is love.





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### Video Resources

Use these videos to learn more about this week's theme.

Pre-school & Elementary

Middle & High School





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## Prayer

*Dear God,*

*Thank you that you are a God that loves us unconditionally. Thank you that you've shown us sacrificial love through Jesus. Thank you that your love is perfect, it never fails, and that nothing can separate us from it.*

*We pray for the Holy Spirit to fill our hearts with your love, that it may overflow into the lives of those around us. Help us by the power of your love to make a difference in this world and bring honor to you.*

*You have called us to sacrifice ourselves in service of others, help us to do this with cheer, knowing that our reward is a life with you. Remind us that it is not by our works but by your grace that we have been saved. Make us humble and gracious in our service of others. Be with us this week and always. Amen.*

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## Questions?

Submit questions using the form below



## [Sunday School Q&A](#)

## Feedback

Contact Mrs. Sherine Koshy  
[sherinemk@yahoo.com](mailto:sherinemk@yahoo.com)

## References

<https://www.biblestudytools.com/sunday-school-lessons/christs-law-of-love-11637087.html>