



MAR THOMA
CHURCH of SILICON VALLEY
SUNDAY SCHOOL

The Fruit of the Spirit is Patience

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Over the past 2 months, with shelter in place, maybe, our patience is wearing thin. But remember that patience is demonstrated as we wait cheerfully or give grace to others even when they make mistakes. Patience is giving grace to others (even people that aren't easy to get along with) and loving them even when they make mistakes.

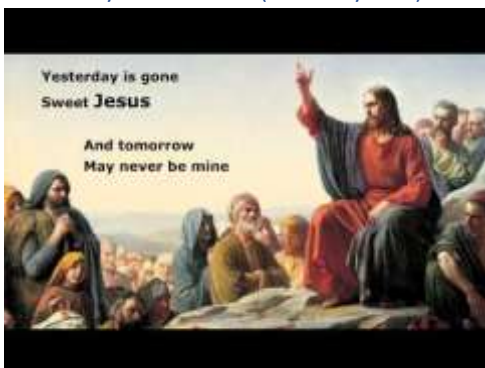
The Bible tells us in this passage that patience is a fruit of the Spirit. If we are saved, the Holy Spirit is living inside of us, and we can be patient people. This does not mean that we will be patient all the time! But as we come to know God more and more, we change! Patience becomes part of the kind of person we are. With the Spirit living inside of us, He gives the power to be patient!

In some translations of the Bible, the list of the fruit of the Spirit uses the word *forbearance* for patience. *Forbearance* also includes self-control, restraint, and tolerance, implying that we have a choice about how we respond to God and others in our times of waiting.

When we are struggling to be patient with another person, we should remember God's patience toward us. As sinners, we have offended God. The Bible says that we have even hated Him. So, God had every right to be angry with us, but instead He showed just how awesome His patience is by saving us! Every day we still wrong God and He still is patient with us. So, may that truth sink deep into our hearts and motivate us to be patient with others!

Worship

One day at a time (with Lyrics)



Have thine own way (with Lyrics)





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Bible Passage

Job 4: 1-11
Job 42: 1-5
James 5:11



Devotion

Rev. Larry Varghese



Memory Verse

Ephesians 4:2

Be completely humble and gentle; be patient, bearing with one another in love.

Job Learns to be patient

Job 4: 1-11

Then Eliphaz the Temanite replied: 2 "If someone ventures a word with you, will you be impatient? But who can keep from speaking? 3 Think how you have instructed many, how you have strengthened feeble hands. 4 Your words have supported those who stumbled; you have strengthened faltering knees. 5 But now trouble comes to you, and you are discouraged; it strikes you, and you are dismayed. 6 Should not your piety be your confidence and your blameless ways your hope? 7 "Consider now: Who, being innocent, has ever perished? Where were the upright ever destroyed? 8 As I have observed, those who plow evil and those who sow trouble reap it. 9 At the breath of God they perish; at the blast of his anger they are no more.



Job 42: 1-5

Then Job replied to the LORD: 2 "I know that you can do all things; no purpose of yours can be thwarted. 3 You asked, 'Who is this that obscures my plans without knowledge?' Surely, I spoke of things I did not understand, things too wonderful for me to know. 4 "You said, 'Listen now, and I will speak; I will question you, and you shall answer me.' 5 My ears had heard of you but now my eyes have seen you. 6 Therefore I despise myself and repent in dust and ashes."

James 5:11

As you know, we count as blessed those who have persevered. You have heard of Job's perseverance and have seen what the Lord finally brought about. The Lord is full of compassion and mercy.



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Video Resources

Use these videos to learn more about this week's theme.

Pre-school & Elementary

Middle & High School





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Prayer

Dear God,

You demonstrate Your patience for us through Your continual forgiveness for our sins. Day after day we fail, yet Your Word assures us of Your enduring love and forgiveness. The riches of Your kindness, tolerance and patience lead us to repentance. Thank you for Your Son Jesus, and for the way he modelled patience with His disciples.

Please forgive us for our impatience, especially with waiting and with our family and friends around us. Thank you, that with Your help, we can be patient as You. We need Your Holy Spirit poured out in us so we can be Christlike in our patience, especially with those who live in our home.

Lord Jesus, we pray You would help us to be gracious with others, to forgive whatever complaints we have with them, forgive as You forgave us, to live in way that is worthy of You and to bear fruit that is pleasing to You. For this we need to be strengthened with all power according to Your glorious might. Amen.

Questions?

Submit questions using the form below



[Sunday School Q&A](#)

Feedback

Contact Mrs. Sherine Koshy
sherinemk@yahoo.com

References

<https://intervarsity.org/blog/fruit-spirit-patience>

<https://ministry-to-children.com/patience-bible-lesson-for-children-fruit-of-the-spirit/>

<https://www.gotquestions.org/patience-of-Job.html>

Job: A Man of Heroic Endurance

By: Charles R. Swindoll